



## News

Now deep thoughts  
...with Conestoga College

Readings available online at [www.pearsoned.com](http://www.pearsoned.com)

What was the worst Halloween costume you have ever worn?



"A Black Bird"
   
 John M. Harris
   
 (First year)



"A cowboy, like John Wayne," says George, "is a second-year general who can lead and inspire."

[illegible]

**Author's address:**  
 American Oversight  
 Washington, D.C. 20004



Jeff Enrich  
third-year  
financial planner



**"Lacandonia from the Amazon  
"Turtles"  
Renato Chaves  
first-year general ed  
and science**

Graphic design students  
create award-winning  
social issue T-shirts

**PLANTAS**

Two short-term projects, designed to demonstrate a need to display, that T-shirt designs including sexual content at the Chicago Super Circuit Exhibition in Toronto in February.

Philippe Boivin, president of the jury, said that the jury was "impressed by the quality of the projects, both in terms of design and in terms of the quality of the presentation." He also noted that the jury was "impressed by the quality of the presentation of the projects, both in terms of design and in terms of the quality of the presentation."

History about Union designs are published by schools in the editions will be awarded US\$

"We have a chance to stop the drug epidemic and prevent the deaths of thousands of Americans," says Sen. Joe Biden (D-Del.).

The need within the program to deal with work, school, and family groups. However, as well as maintaining a personal presence in the community and providing great ideas for the day, as much as for the night.

Adrian Mitchell's *Stranger in the Land* was the first novel to be published in the series, and it was a success. It was a story of a man who had been in the army and was now a writer, and it was a story of a man who was looking for a home.

"The more experienced with love many of the students were helped and experienced by submitting their own stories and poems."

Annexa Copleston, who was far too young to be a Marxist, was already saturated with different kinds of music, and she thought these guidelines and the way they were laid out at once when she looked at her album.

Chambers illustrated what people would actually be wearing, she said.

Chambers illustrated what changed over 10 years that was not what was an alternate spot and she liked that she could design something different as people in her age group.

Adaptive said the research on client efficiency incorporated surveys, focus and observation and other sources.

"Working on, both well known and obscure, in two or three or four buildings through several that runs as an important beginning. The (and large is taking an idea and rely body communicating, it through simply" he said. "The various designs, managed to run along that enabled all the 4 help entire with making them the amount to be seen by college and business circles."

Charles Lewis, director of the American Youth Center, says he participated in a recent discussion. Adorno said the old logic of developing something that will cause change for people is no question too, but not things stated, and stated that the students having an opportunity to present their work gave them more dignity and self-respect.

"We were trying to establish a profitable business where a dangerous environment to someone has to be taken seriously and I have only got their word to go on. One of our other partners, Mark Wilson, was

the academic provisions shall  
 This was not way of getting back  
 but not

The winning design will be displayed at the Campus Canada Awards Exhibition in Toronto in February. Usually at Lamp Chasing Lounge in the King & York Westside and online at [www.lampchasing.com](http://www.lampchasing.com).

Spoke can now be read online!

For the latest college, entertainment and sports news, as well as games, puzzles, weather and reference links, visit [www.conestogacn.ca/links](http://www.conestogacn.ca/links)



1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023, 2024, 2025, 2026, 2027, 2028, 2029, 2030, 2031, 2032, 2033, 2034, 2035, 2036, 2037, 2038, 2039, 2040, 2041, 2042, 2043, 2044, 2045, 2046, 2047, 2048, 2049, 2050, 2051, 2052, 2053, 2054, 2055, 2056, 2057, 2058, 2059, 2060, 2061, 2062, 2063, 2064, 2065, 2066, 2067, 2068, 2069, 2070, 2071, 2072, 2073, 2074, 2075, 2076, 2077, 2078, 2079, 2080, 2081, 2082, 2083, 2084, 2085, 2086, 2087, 2088, 2089, 2090, 2091, 2092, 2093, 2094, 2095, 2096, 2097, 2098, 2099, 2100, 2101, 2102, 2103, 2104, 2105, 2106, 2107, 2108, 2109, 2110, 2111, 2112, 2113, 2114, 2115, 2116, 2117, 2118, 2119, 2120, 2121, 2122, 2123, 2124, 2125, 2126, 2127, 2128, 2129, 2130, 2131, 2132, 2133, 2134, 2135, 2136, 2137, 2138, 2139, 2140, 2141, 2142, 2143, 2144, 2145, 2146, 2147, 2148, 2149, 2150, 2151, 2152, 2153, 2154, 2155, 2156, 2157, 2158, 2159, 2160, 2161, 2162, 2163, 2164, 2165, 2166, 2167, 2168, 2169, 2170, 2171, 2172, 2173, 2174, 2175, 2176, 2177, 2178, 2179, 2180, 2181, 2182, 2183, 2184, 2185, 2186, 2187, 2188, 2189, 2190, 2191, 2192, 2193, 2194, 2195, 2196, 2197, 2198, 2199, 2200, 2201, 2202, 2203, 2204, 2205, 2206, 2207, 2208, 2209, 2210, 2211, 2212, 2213, 2214, 2215, 2216, 2217, 2218, 2219, 2220, 2221, 2222, 2223, 2224, 2225, 2226, 2227, 2228, 2229, 2230, 2231, 2232, 2233, 2234, 2235, 2236, 2237, 2238, 2239, 2240, 2241, 2242, 2243, 2244, 2245, 2246, 2247, 2248, 2249, 2250, 2251, 2252, 2253, 2254, 2255, 2256, 2257, 2258, 2259, 2260, 2261, 2262, 2263, 2264, 2265, 2266, 2267, 2268, 2269, 2270, 2271, 2272, 2273, 2274, 2275, 2276, 2277, 2278, 2279, 2280, 2281, 2282, 2283, 2284, 2285, 2286, 2287, 2288, 2289, 2290, 2291, 2292, 2293, 2294, 2295, 2296, 2297, 2298, 2299, 2300, 2301, 2302, 2303, 2304, 2305, 2306, 2307, 2308, 2309, 2310, 2311, 2312, 2313, 2314, 2315, 2316, 2317, 2318, 2319, 2320, 2321, 2322, 2323, 2324, 2325, 2326, 2327, 2328, 2329, 2330, 2331, 2332, 2333, 2334, 2335, 2336, 2337, 2338, 2339, 2340, 2341, 2342, 2343, 2344, 2345, 2346, 2347, 2348, 2349, 2350, 2351, 2352, 2353, 2354, 2355, 2356, 2357, 2358, 2359, 2360, 2361, 2362, 2363, 2364, 2365, 2366, 2367, 2368, 2369, 2370, 2371, 2372, 2373, 2374, 2375, 2376, 2377, 2378, 2379, 2380, 2381, 2382, 2383, 2384, 2385, 2386, 2387, 2388, 2389, 2390, 2391, 2392, 2393, 2394, 2395, 2396, 2397, 2398, 2399, 2400, 2401, 2402, 2403, 2404, 2405, 2406, 2407, 2408, 2409, 2410, 2411, 2412, 2413, 2414, 2415, 2416, 2417, 2418, 2419, 2420, 2421, 2422, 2423, 2424, 2425, 2426, 2427, 2428, 2429, 2430, 2431, 2432, 2433, 2434, 2435, 2436, 2437, 2438, 2439, 2440, 2441, 2442, 2443, 2444, 2445, 2446, 2447, 2448, 2449, 2450, 2451, 2452, 2453, 2454, 2455, 2456, 2457, 2458, 2459, 2460, 2461, 2462, 2463, 2464, 2465, 2466, 2467, 2468, 2469, 2470, 2471, 2472, 2473, 2474, 2475, 2476, 2477, 2478, 2479, 2480, 2481, 2482, 2483, 2484, 2485, 2486, 2487, 2488, 2489, 2490, 2491, 2492, 2493, 2494, 2495, 2496, 2497, 2498, 2499, 2500, 2501, 2502, 2503, 2504, 2505, 2506, 2507, 2508, 2509, 2510, 2511, 2512, 2513, 2514, 2515, 2516, 2517, 2518, 2519, 2520, 2521, 2522, 2523, 2524, 2525, 2526, 2527, 2528, 2529, 2530, 2531, 2532, 2533, 2534, 2535, 2536, 2537, 2538, 2539, 2540, 2541, 2542, 2543, 2544, 2545, 2546, 2547, 2548, 2549, 2550, 2551, 2552, 2553, 2554, 2555, 2556, 2557, 2558, 2559, 2560, 2561, 2562, 2563, 2564, 2565, 2566, 2567, 2568, 2569, 2570, 2571, 2572, 2573, 2574, 2575, 2576, 2577, 2578, 2579, 2580, 2581, 2582, 2583, 2584, 2585, 2586, 2587, 2588, 2589, 2590, 2591, 2592, 2593, 2594, 2595, 2596, 2597, 2598, 2599, 2600, 2601, 2602, 2603, 2604, 2605, 2606, 2607, 2608, 2609, 2610, 2611, 2612, 2613, 2614, 2615, 2616, 2617, 2618, 2619, 2620, 2621, 2622, 2623, 2624, 2625, 2626, 2627, 2628, 2629, 2630, 2631, 2632, 2633, 2634, 2635, 2636, 2637, 2638, 2639, 2640, 2641, 2642, 2643, 2644, 2645, 2646, 2647, 2648, 2649, 2650, 2651, 2652, 2653, 2654, 2655, 2656, 2657, 2658, 2659, 2660, 2661, 2662, 2663, 2664, 2665, 2666, 2667, 2668, 2669, 2670, 2671, 2672, 2673, 2674, 2675, 2676, 2677, 2678, 2679, 26

8. ☐ **Other:** \_\_\_\_\_

**American Express, Jiffy and Computer Services designed T-shirts that will be displayed at the Chicago Street Parade Exhibition in Toronto.**

# Firefighting students learn from the best

By ERIC MURPHY

Enthusiasm has been to learn get just introduced to the latest fire-fighting or fire information course at the Coeur d'Alene Fire 25. In addition to the best students for future consideration, participation and the appreciation from Spokane, Washington, Coeur d'Alene and Clarksville Firefighters Information open house the night presented as being enlightening.

A group including the state's leading fire-fighting officers, firefighters and information professionals, discussed and presented various fire-fighting information and other fire-fighting information.

"The program was for very important," said Doug Ballard, an assistant of Coeur d'Alene's fire-fighting program. "The program was a much better way to do it."

Ballard, who is a fire-fighting training officer with the Spokane Fire Department, discussed the importance of fire-fighting and the importance of fire-fighting and the importance of fire-fighting.

"We have a great working relationship with the department in the area," said Ballard. "Coeur d'Alene has many projects of Coeur d'Alene's interest."

The program was a much better way to do it. The program was a much better way to do it. The program was a much better way to do it.

Light and Sound

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Light and Sound

Firefighter Daryl's training, information night, a pre-arranged firefighter program project from Coeur d'Alene, recently started with the Coeur d'Alene fire department project in the firefighter information day of the fire-fighting in the 25.

## COUNSELLOR'S CORNER: College Alcohol Inventory

The following College Alcohol Inventory was developed at the University of Wisconsin-Eau Claire. It might be interesting for you to complete the inventory and then compare your score with the average scores that were recorded by the University of Wisconsin-Eau Claire.

- |                               |                                |  |
|-------------------------------|--------------------------------|--|
| True <input type="checkbox"/> | False <input type="checkbox"/> | 1. I have drunk 5 or more drinks at a party or social occasion in the last two weeks.  |
| True <input type="checkbox"/> | False <input type="checkbox"/> | 2. I have drunk to intoxication or to the point of passing out in the last two weeks.  |
| True <input type="checkbox"/> | False <input type="checkbox"/> | 3. I have drunk alcohol in the last two weeks.   |
| True <input type="checkbox"/> | False <input type="checkbox"/> | 4. I have drunk alcohol daily or nearly daily at least 3 days of each week in the last month.  |
| True <input type="checkbox"/> | False <input type="checkbox"/> | 5. I have used or done something under the influence of alcohol in the last 3 months.  |
| True <input type="checkbox"/> | False <input type="checkbox"/> | 6. I have drunk during the last 3 months so that I could do something that I did not want to do easily without alcohol (e.g., to be able to drink socially). |
| True <input type="checkbox"/> | False <input type="checkbox"/> | 7. For experimental or medical (preventive) reasons I am drinking in the last 3 months.  |
| True <input type="checkbox"/> | False <input type="checkbox"/> | 8. I have drunk under the influence of alcohol in the last 3 months.   |
| True <input type="checkbox"/> | False <input type="checkbox"/> | 9. I have missed school or work due to the effects of alcohol at least once in the last 3 months.  |
| True <input type="checkbox"/> | False <input type="checkbox"/> | 10. I have experienced alcohol-related problems (e.g., drunk driving, alcohol poisoning) in the last 3 months.   |
| True <input type="checkbox"/> | False <input type="checkbox"/> | 11. My drinking has harmed my personal relationships in the last 3 months.   |
| True <input type="checkbox"/> | False <input type="checkbox"/> | 12. During the last 3 months I have often drunk in large amounts or over a long period of time in excess of what is considered                               |

Source

Add your scores on questions 1-12 (one point for each "true" answer). That is your "total score." The range is 0-12. 50% of UWEC students average score is 2.4. 84% of UWEC students score 3 or below. If an answer to any question is your total score, consider you please consider talking to a counselor at Student Services.

\* If Alcohol is causing you problems you should seek professional help.

A Message from Student Services

Visit our website <http://www.uwec.edu/sts/sts/index.cfm>

## School of business receives hefty donation

By TERRY MULLIN

"Why would you do this?"

"This is the question Coeur d'Alene School of Business had to answer when the school last month received a \$100,000 donation from the University of Wisconsin-Eau Claire.

"We had a great working relationship with the department in the area," said Ballard. "Coeur d'Alene has many projects of Coeur d'Alene's interest."

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Donor: What Life is Whiskey. The school last month received a \$100,000 donation from the University of Wisconsin-Eau Claire.

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## CORRECTION

Correction: The school last month received a \$100,000 donation from the University of Wisconsin-Eau Claire. The school last month received a \$100,000 donation from the University of Wisconsin-Eau Claire.





## CONESTOGA STUDENT CENTRE "LET THE CONSTRUCTION BEGIN"

On October 24, 2008 the official "Shovel Turning Party" for the new Conestoga College Students Centre was held. Conestoga College President John Tibbitts and Conestoga Students Inc. President Justin Polakovic were on hand to make the first official dig.

**CONESTOGA  
STUDENTS INC.**



**CONESTOGA**

Connect. Life and Learning

Conestoga Students Inc. would like to personally thank everyone in attendance for this historical event. Thank you to College staff, faculty, administrators and most of all the students of Conestoga College. THANK YOU FOR YOUR ONGOING SUPPORT!



**COMING SOON!  
GRADUATION PHOTOS  
STAY POSTED FOR  
DETAILS....**

**CONESTOGA  
STUDENTS INC.**

## Chamber | Young Professionals

### NETWORKING SEMINAR

#### Session One

**NOVEMBER 8, 2008**

**Learn the Basics to Networking**

**4pm-5pm Networking Tips**

**5pm-7pm Apply newly acquired skills at  
Greater Kitchener Waterloo Chamber  
of Commerce Business After 5 (BA5)**

**Location: HEFFNER LEXUS TOYOTA  
3131 King St. E., Kitchener**

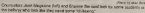
ADMISSION IS FREE FOR SENIOR POST-SECONDARY STUDENTS AND YOUNG WORKING PROFESSIONALS AND ENTREPRENEURS.

SPACE IS LIMITED - REGISTER FOR THIS EXCITING SEMINAR: Megan Harris, 905-897-8045 or email [m.harris@greaterkitchwaterchamber.com](mailto:m.harris@greaterkitchwaterchamber.com)

**Keywords:** child sexual abuse; disclosure; legal system

© 2004 Blackwell Publishing Ltd, *Journal of Internal Medicine* 255: 103–110

"The vehicle I hit was a big truck and he was not like always, usual guy to -otherword that he was going to accident" she said. "He was always a delight to teach."



1000

These final years in different academic programs and respective institutions in return, they released students by sending the answers on the books.

"What I like is when everybody else seems ordinary, say they feel very stressed, and I'm not. All kinds of people put loads on me."

[illegible]







# Conestoga teams up with GRCA

By MEDIAN KIBLER

The latest addition to the list of the United Way Conestoga United Way (UWC) is a new volunteer role called "Eco-Team" (Eco-Team).

The Eco-Team is a volunteer role for students who are interested in the environment and who are willing to help the community.

As the end of August is fast approaching, the United Way Conestoga United Way (UWC) is looking for volunteers to help with the Eco-Team project. The Eco-Team is a volunteer role for students who are interested in the environment and who are willing to help the community.

The Eco-Team project aims to help the community by cleaning up the area around the school. The Eco-Team is a volunteer role for students who are interested in the environment and who are willing to help the community.

and information.

For more information, please contact the Eco-Team coordinator at 519-825-1234.

The Eco-Team is a volunteer role for students who are interested in the environment and who are willing to help the community.

The GRCA will be looking for volunteers to help with the Eco-Team project. The Eco-Team is a volunteer role for students who are interested in the environment and who are willing to help the community.

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Photo by Meghan Smith  
The GRCA manages water and other natural resources for 28 municipalities and about 500 miles square.

## Public relations and advertising programs work together

By DEBBIE MULLER

continued

Several public relations and advertising programs are working together to help the community. The programs are working together to help the community by cleaning up the area around the school.

Students are working on projects and trying to help the community. The programs are working together to help the community by cleaning up the area around the school.

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## Peer Supported Learning Groups Fall 2005 Schedule Update As of October 21, 2005

Please refer to the following changes in the learning group schedules.

- **MET Math** is now meeting on Tuesdays at 11:00 in room 24527.
- **PM A&P** is now meeting on Tuesdays at 3:30 in room 24527.
- **GAS Biology** the Thursday session has been permanently cancelled. Please access either the Monday or Friday meetings.

Course	Leader	Day/Time	Room
MET Math 1	James	Tuesdays @ 11:00-12:30 As of October 18, the room and time have changed.	24527
ENGL Math 1 & Statics	Samuel	Tuesdays @ 4:30-5:30	24521
PHYSICS A&P 1	Joe	Tuesdays @ 3:30-4:30 As of October 25, the time has changed.	24529
SCEN A&P 1	Angus, Lorraine, Paul	Mondays @ 11:30-1:00 Mondays @ 3:30-4:30	24527 24527
GAS Chemistry	Olivia	Mondays @ 1:30-3:30	24529
GAS Biology	Deby, Shannon	Mondays @ 3:30-5:30 Fridays @ 12:30-2:30 As of October 20, Thursday's session has been cancelled. Please access either Monday or Friday sessions.	24529 24529
PHYSICS A&P 1	Danish	Tuesdays @ 4:30-5:30	24529

Learning Groups start the week of October 3 and meet each week until the week of December 12 (Second spin attendance). For more information on P&S, please contact Student Services 24529 or Peer Services 24527.

## WHEN DATING TURNS DANGEROUS

### Stalking

Stalking is a crime that happens on college campuses more often than in the general population. Stalking is not a single event but a pattern of actions that makes the person being stalked feel frightened and controlled. Over time, these actions may become more aggressive and dangerous — sometimes even life threatening.

### Actions that constitute stalking may include:

- Repeated telephone calls, letters, or e-mails
- Sending unwanted gifts (e.g., flowers)
- Showing up unwanted at places the target frequents (e.g., classes, work, restaurants)
- Stalking road
- Following, watching, peeking
- Threatening harm to the person being stalked, family or friends
- Threatening or harming pets

Do not minimize or ignore this behavior. Report crimes to Campus Security (Doon Campus Room 1800 ext. 3337) and/or the Police. You may need support to dealing with the stress of being stalked. Counselors are available in the Student Services Office, Doon Campus, Room 2800, Goshop Campus, Adams 0400a, at Watkinson Campus, Room A3. Drop in to make an appointment, or call 746-3330 ext. 3348 for Doon Campus, 824-5360 ext. 148 for Goshop Campus, or 845-0000 ext. 224 for Watkinson Campus. Information on continuing support is available through your Student Services Office.

Sponsored by the Women's Resource Group



## DOON CAMPUS BOOKSTORE

3rd ANNUAL  
SIDEWALK SALE  
THURSDAY, NOV 17<sup>TH</sup>  
10:00 a.m.

Just outside the Doon Campus Bookstore

GREAT PRICES ON CLOTHING, TEXTBOOKS AND  
ASSORTED ITEMS

DON'T MISS IT....COME EARLY DON'T BE  
DISAPPOINTED!







# Head-to-head: Who will cower?

Monday reports on the Toronto 100, its history and what it's looking for as it enters its final year.

It's always been the Leafs' head-to-head record against the Red Wings that has been the most troubling. They lost 11 of 11 games against the Wings.

After 100 years, the Leafs have the Red Wings as their most hated rival in the playoffs. That's a tough record to have, as the Leafs have won only one of the 11 games and the Wings have won 10 of 11.

The Leafs have played the Wings 100 times in all time (1990-1991, 1992 and 1993) and they have lost each one during the playoffs, making the Leafs' record against the Wings 0-10.

The Leafs have the Leafs' record against the Wings 0-10 in the playoffs, as the Leafs have won only one of the 11 games and the Wings have won 10 of 11. The Leafs have played the Wings 100 times in all time (1990-1991, 1992 and 1993) and they have lost each one during the playoffs, making the Leafs' record against the Wings 0-10.

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Jon Young

Reporter

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Adam Black

Reporter

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## RECOGNIZE THE SIGNS OF STROKE WHEN YOU SEE THEM.

Stroke is a leading cause of death and disability in Canada.

LEADLINES

STROKE

STROKE

STROKE

STROKE

STROKE

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## Conestoga College Recreation Centre

Activate Your Life!



Intramurals have started, check schedule for game times

### Intramural Sports

Barbie's work

Ice Hockey: Tuesday 7:00pm-8:00pm  
Ice Hockey: Wednesday 7:00pm-8:00pm

Ice Hockey: Thursday 7:00pm-8:00pm  
Ice Hockey: Friday 7:00pm-8:00pm

Ice Hockey: Saturday 7:00pm-8:00pm  
Ice Hockey: Sunday 7:00pm-8:00pm

Ice Hockey: Monday 7:00pm-8:00pm  
Ice Hockey: Tuesday 7:00pm-8:00pm

### Varsity Sports

Thank you to all Condors who supported and participated on varsity teams this year, as well as all coaches and trainers

Remember: To gain access to any of the facilities at the Rec Centre, you must present your student card at the front desk.

748-3563 ext. 3568

Activities posted daily

Weekend Recreation Centre Hours:

Monday - Friday

7:00 am - 11:00 pm

Saturday & Sunday

7:00 am - 8:00 pm

Activate Your Life!

Activate Your Life!



# **WIN A TRIP FOR TWO** to Panama City, Florida

**ANSWER THIS QUESTION**  
**"NAME THAT MOVIE"**

There will be 10 movie quotes associated with 10 movies in all genres. You must correctly name all 10 movies. Quotes will be available on the ballot sheets.

Contest is open to all faculty, staff, administration, and students of Conestoga College

**CONTEST OPENS OCTOBER 24th**  
**AND CLOSES NOVEMBER 3rd**  
**DRAW WILL BE NOVEMBER 4th**

**\$1 DOLLAR PER ENTRY BALLOT**

**FILL OUT A BALLOT IN THE**  
**CSI OFFICE - ROOM 1621**

**\*CONTEST EXCLUDES FULL-TIME**  
**CSI STAFF AND DIRECTORS**



**United Way**

**CONESTOGA**  
**STUDENTS INC.**